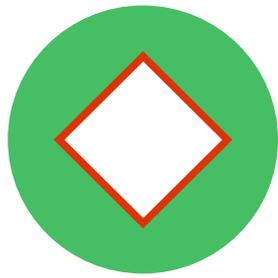


Annual Newsletter

December 2021



**inherit
your
rights**



Season's Greetings from Inherit Your Rights!

We would like to extend the warmest of season's greetings to all our friends, partners and supporters. We hope that 2021 has brought you joy despite the ongoing global pandemic and other crises faced around the world.

For Inherit Your Rights, we are proud to announce that this year we reached 10,000 people with our human and legal rights trainings! This is a particularly exciting achievement to reach, as 2021 marked IYR's 10th year of operations.

We also celebrated other milestones this year. From hosting our first International Women's Day event; expanding our school curriculum to primary-aged students, and providing child-safeguarding training for parents at primary schools; to moving to our own office and welcoming to our team a full-time in-house counsellor.

We are extremely grateful for the generous financial support of all our donors. Without you all, it would have been impossible to reach more than double the number of people we did in 2020!

We are also very appreciative of the professional development opportunities given to us by the Segal Family Foundation and the David Weekly Foundation. It has been an exciting year for capacity building within IYR's team.

Thanks to all our partners, in 2021, IYR raised greater awareness of women's and children's rights and the importance of safeguarding them across the Arusha region of Tanzania, modelling an effective and powerful force for sustainable, powerful & positive change.

We are humbled and excited to continue working with you in the coming year and see our impact grow further!



WHAT WE ACHIEVED IN 2021

11,463

PEOPLE TRAINED

127

LEGAL AID CASES

17

RECEIVING COUNSELLING

26

RADIO & TV BROADCASTS

International Women's Day

In March, IYR was proud to host its first International Women's Day event in Arusha. Themed "Women in Leadership: Catalysts to an Equal World", and supported by Australian



Volunteers International (AVI), IYR hosted more than 300 women, giving them access to education and support on topics surrounding domestic violence and women's rights. The day featured female leaders with inspirational talks, and officers from the Gender and Children's Department speaking about their work and the support they provide to victims of domestic violence. For women facing abuse, this was an important aspect of the day, as many don't know where to look for help, or even if it's available. Legal aid was also provided on the day by our own IYR attorneys, giving them access to advice they wouldn't ordinarily have.

Overall, the day was a huge success. The women were actively engaged in discussions concerning legal marriage, divorce proceedings, child support, and property ownership and left with a greater understanding of their inherent value, rights, and the support available to them. We are grateful for the support we received from AVI and hope to host more events like this in the years ahead.



Expanding our school curriculum for Primary Students

This year, IYR conducted its first children's rights training for primary-aged students. Modelled on our secondary school program, we developed and tailored a 9-topic curriculum introducing definitions of abuse, children's rights, and domestic violence suitable for children between the ages of 9 and 14 years old. As sexual and physical abuse towards young children is a major concern in Tanzania and many children are raised completely unaware of these problems, we seized the opportunity to introduce young students to these issues.

Training more than 2,000 primary school students over the year, with many attending our Africa Child Day Event in June, we focused on educating students about physical development and bodily changes, a subject often neglected in primary education, before engaging in more difficult topics concerning children's rights, abuse and safety. We also provided legal aid and counselling to victims of child abuse, and trained teachers and parents alike to ensure child safety is upheld both at home and in school. Using games, dance, song and discussions, the students were well engaged in the subjects and thoroughly enjoyed the activities. We are grateful to our partner schools and organisations for their support and the positive response we received from these projects.

Currently, we are fundraising to produce supplementary comic books for children to take home and hope to continue organising events and training to raise awareness of these issues for young children in the future. If you would like to support us in this project, we would love to hear from you: please visit our website <https://www.inherityourrights.org/donate> or contact us at inherityourrights@gmail.com.



Safeguarding Children's Rights with Parents

In May, IYR was asked by Vision for Youth to provide children's rights training to parents and students at a primary school where high incidences of domestic disputes were contributing to students failing their classes.

More than 1,000 parents and students attended the event, actively engaging in discussions about safeguarding children's rights, non-abusive discipline, resolving marriage disputes, divorce proceedings, and how to assert one's rights.

Following the success of this event, the Education Coordinator of the district requested a similar training event to be held for the parents of another primary school, where economic necessities and activities was seen to be resulting in a neglect of parental responsibilities.

For a primary school of 4,000 students, with only one teacher for every 100 students, not only was this an overwhelming training task

for the IYR team, but it also brought to the surface devastating incidents of unreported child abuse. It was discovered that some very young children had been subject to sexual abuse without their parents' knowledge, highlighting the need to discuss these issues.

IYR trained a total of 950 parents that day, focusing on the importance of paying attention to the signs of child abuse, understanding parental responsibilities and safeguarding the rights of their children. They deeply appreciated knowing about the risks their children face and how best to address them.

In the future, we hope to run further training sessions for the students to greater enhance their resilience and safety against risk of abuse.

Welcoming our new in-house Counsellor

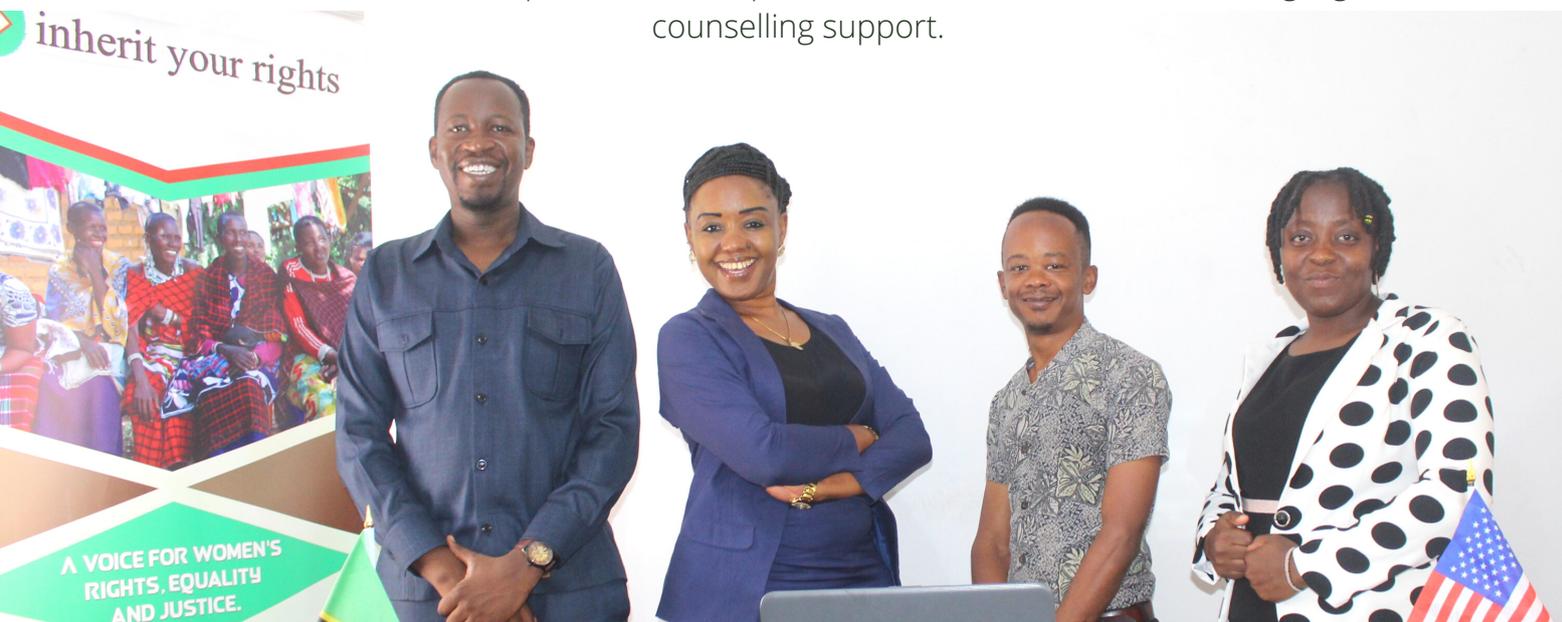


This year we became more aware of the need to support the mental health of our clients and victims of abuse. In providing legal aid to women and children, we found that the lasting effects of their experiences call for support beyond legal resolution and representation. To address this need, we were thrilled to welcome Gasiano Livinus to the team, as IYR's very own in-house counsellor.

Gasiano started as a counselling intern at IYR in May 2021, and officially joined our team in October. With a degree in Counselling, specialising in the psychosocial wellbeing of orphans, Gasiano is passionate about positive psychology and building resilience in vulnerable children. He has thrown himself into developing our school program's curriculum on how to deal with abuse and domestic violence. He has also become an instrumental part of our legal aid initiative, providing one-on-one counselling to women and children experiencing domestic conflicts. We are grateful for his commitment to IYR's cause, and confident in his ability to support and promote the mental health and wellbeing of the women and children who need it the most.

We have moved!

We are proud to announce that we moved into a new office in November! For the last 5 years, we have been generously hosted by the Arusha Vineyard Church, and now we are excited to step into an office of our own in Njiro, Arusha. With an outdoor space to conduct meetings and accessibly located at TASO Agricultural Showground, we are thrilled to have a base to provide a safe space for women and children needing legal and counselling support.



Learning & Development

At IYR, we are committed to professional development, learning and improving our operations to ensure that we make the biggest impact in the community. Thanks to our supporters, we can do just that.

This year, the David Weekley Family Foundation is supporting us through capacity building, and helping us to build our brand and improve our marketing strategies through a 9-month course with the Mighty Ally Institute.

Simultaneously, the Segal Family Foundation have helped improve our partnership building capacity with donors through an online course with Philantropia, and increase our Monitoring & Evaluation capabilities by funding a 3-week course at the MS Training Centre for Development Cooperation (MS-TCDC) in Arusha.

We are extremely grateful for these learning and development opportunities, which benefit the IYR team, its stakeholders and partners. Moving forward, we are excited to put these skills to use, improving and enhancing our impact within communities.



Assessing community needs

Earlier this year, we conducted a community assessment with leaders within one of Arusha's wards about the nature of gender equality in the community and how leaders deal with these disputes. Supported by the Rotary Club of Arusha, we conducted interviews with Ward Executive Officers, Social Development Officers, Ward Tribunal leaders, Chair members of 3 villages and cell leaders, and found that there is a great need for training in issues of inheritance, domestic violence and matrimonial property.

Through our discussions, we discovered the desire of the community to change patriarchal traditions and customs that limit dialogue between spouses and family cohesion, moving towards alternative conflict resolution techniques that move away from domestic violence. With this process of discovery, the leaders recommended training to be conducted for the Village Resolution Board to become community advisors that will help resolve domestic disputes and work with community members to change customs.

At this time, [we are seeking funds to carry out this much needed project for communities and their leaders. If you would like to support our work and donate towards this project, please get in touch.](#)



inherit your rights

As always, we are grateful to the support of our partners, both in the local community and all over the world.

We invite you to continue with us in our mission to educate, empower and represent women and children in their human and legal rights, and we wish you all the very best for 2022.



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Inherit Your Rights is registered as a U.S. 501(c)3 tax exempt organisation.